

Suggested readings – How do we learn? MME Alumni Symposium Bern, March 1, 2019

Bjork, R. A., Dunlosky, J., & Kornell, N. (2013). Self-regulated learning: Beliefs, techniques, and illusions. *Annual Review of Psychology*, 64, 417–444.

This is the basic article that I used for the presentation

Dunlosky, J., Rawson, K. A., Marsh, E. J., Nathan, M. J., & Willingham, D. T. (2013). Improving students' learning with effective learning techniques: Promising directions from cognitive and educational psychology. *Psychological Science in the Public Interest*, 14, 4–58.

This is a summarized version that you can give to your students also

Dunlosky, J., Rawson, K. A., Marsh, E. J., Nathan, M. J., & Willingham, D. T. (2013). What Works, What Doesn't. *Scientific American Mind*, 24(4), 46-53.

All about learning myths...

Paul A. Kirschner & Jeroen J.G. van Merriënboer (2013) Do Learners Really Know Best? *Urban Legends in Education*, *Educational Psychologist*, 48:3, 169-183,